



Kadina Memorial School Canteen Menu

WINTER —Term 2 & Term 3 2017

Canteen Manager Vicki Hartleib Ph: 88211254 Mobile 0419866471

Dietary requirements catered for upon request. Orders only



Monday	Tuesday	Wednesday	Thursday	Friday
BAKED POTATO Hawaiian- Ham Pineapple Cheese OR Bolognaise- Bolognaise Sauce, Cheese OR Pizza- Bacon, Cheese, Neopolitana Sauce \$4.50 Coleslaw extra 50c Sour cream extra 50c	STIRFRY CHICKEN NOODLE BOX \$4.50 Hokkein Noodles with Roast Chicken, Assorted seasonal vegetables, Soy Sauce and a hint of sweet chilli.	PIZZA - Hawaiian Meat Lovers Margarita \$3.80 WEDGES \$3.00 Add Sweet Chilli extra 30c Add Sour Cream extra 50c	HOT DOG Tomato Sauce, BBQ, Mustard or No Sauce \$3.00 Cheese and Sauce \$3.50 NEW MEAL DEAL with Bottle Juice or Oak plus Hot dog w Sauce \$5.00 or Cheese & Sauce \$5.50 Mini Dog with sauce \$1.00	ROAST CHICKEN HOT PACK Roast Potato Pumpkin, Carrot, Peas, Corn and Gravy \$5.00 ROAST VEG PACK Small \$3.50 Large \$4.50

SENSATIONAL SALADS

JUNIOR SALAD	\$3.00
Lettuce, Cucumber sticks, carrot sticks, celery sticks, cheese chunks, and cherry tomatoes.	
GARDEN SALAD	sml \$2.50, lg \$4.00
Lettuce, Tomato, Cucumber, Capsicum, Carrot, Mayo or Vinaigrette	
CHICKEN CAESAR SALAD BOX	\$6.00
Chicken, Egg, Parmesan Cheese, Bacon, Crou-ton, Cos Lettuce & our own Caesar Dressing	

DRESSINGS AVAILABLE:

Vinaigrette.	extra 30c
Caesar, Tartare, Mayo	extra 50c

SAUCES AVAILABLE:

Tomato, BBQ, American Mustard, Soy, Sweet Chilli	extra 30c
Sour Cream, Salsa, Cranberry.	extra 50c

MEAL DEALS

FISH FILLET with coleslaw, garden salad, lemon and tartare	\$6.00
FRIED RICE	\$3.50
Add 2 Chicken Tenders	\$6.00
QUICHE	\$4.00
Add Garden Salad	\$6.00
ZUCCHINI SLICE	\$4.00
Add Garden Salad	\$6.00

WINTER WARMERS

CHICKEN CACCIATORE with Tomato, Capsicum, Beans, Olives and Pasta	\$6.00
BEEF & BLACKBEAN with Carrot, Celery, Capsicum, Snow peas and Rice	\$6.00
TUNA MORNAY with Peas, Corn, and Pasta	\$6.00
BEEF CURRY with Tomato, Banana, Apple and Rice	\$6.00

HOT FOOD

SNACK PIE	\$1.30
HASH BROWN	\$1.00
POTATO WAFFLES sml(5) \$2.00 lge(10) \$4.00	
CHIKO ROLL	\$3.00
CRUMBED FISH FILLET	\$2.80
SAUSAGE ROLL	\$3.00
BEEF PIE	\$4.50
POTATO PIE	\$4.50
VEGETABLE PASTY	\$4.50
HOT HAM & CHEESE ROLL	\$3.50

NUGGETS AND WEDGES

MEAL DEALS

CHICKEN WEDGES MEAL DEAL	\$5.50
-4 Chicken Wedges & Bottle Juice or Oak	
Extra wedges 90c ea or 4 for \$3.50	
CHICKEN NUGGETS MEAL DEAL	
-4 Chicken Nuggets, Sauce & Bottle Juice or Oak	\$4.50
-4 Nugget Dipping Pack, Bread & Sauce	\$3.50
Extra nuggets 70c ea or 4 for \$2.50	

HOMEMADE PASTA

Chicken Carbonara w Bacon and Mushroom (Homemade)	\$4.50
Macaroni & Cheese (Homemade)	\$3.50
Spaghetti Bolognaise (Homemade)	\$4.00
Beef Lasagne (Homemade)	\$4.50
Vegetable Lasagne (Homemade)	\$5.50

JUNIORS only (Rec-Yr6)

Junior Ham & Cheese Roll	\$3.00
Junior Chicken Burger w let & mayo	\$3.50
Junior Beef Burger w cheese & sauce	\$3.50
Mini Wrap w Crumbed chicken, tomato, Lettuce, and Mayo	\$3.50

SANDWICHES

White, Multigrain (incl. 3 fillings)	\$3.50
**Add Salad—Let/Tom/Cuc/Carrot	\$4.00
Cheese or Vegemite Sandwich	\$2.50
Ham & Cheese Sandwich	\$3.00

ROLLS

White or Multigrain (incl. 3 fillings)	\$4.50
**And Salad—Let/Tom/Cuc/Carrot	\$5.00

WRAPS or BAGUETTES

White only (incl. 3 fillings)	\$4.50
**And Salad—Let/Tom/Cuc/Carrot	\$5.00

MEAT CHOICES: Ham, Chicken, Roast Beef, Tuna, Turkey, Lamb yiros
SALAD/EXTRA CHOICES: 30c each

Lettuce, Tomato, Cucumber, Carrot, Cheese, Cream Cheese, Pineapple, Gherkin, Beetroot.

Avocado or Egg add 50c

BRILLIANT BURGERS

CLM - Chicken Burger, Lettuce & Mayo	\$4.50
BLT - Chicken Burger, Bacon, Lettuce & Tomato	\$5.00
LEAN MEAN BEEF BURGER - Beef Burger, Lettuce, Tomato, Cucumber, Carrot, Cheese & Sauce	\$5.00

WILD WRAPS

CHICKEN CAESAR WRAP	\$5.50
Chicken, Bacon, Cheese, Lettuce, Caesar Dressing	
FISH WRAP	\$5.50
Fish, Lettuce, Tomato, Cucumber, Tartare	
CHICKEN TENDER WRAP	\$5.50
Chicken tenders, Lettuce, Tomato, Mayo	
YIROS WRAP	\$6.00
Lamb yiros, Lettuce, Tomato, Cucumber, Cheese, Garlic sauce	

DRINKS

MILK DRINKS

SMALL OAK (Box) 250ml	\$1.80
Chocolate	
Strawberry	
LARGE OAK (Bottle) 300ml	\$2.20
Chocolate	
Strawberry	
Vanilla	
NIPPYS ICED MILK 250ml (R-6)	\$2.50
375ml (7-12)	\$3.00
Chocolate	
Honeycomb	



UP & GO	\$2.20
Banana	
Strawberry	
Chocolate	
Vanilla	

WATER

WATER 600ml	\$1.20
1.5L	\$2.50

THE CANTEEN MENU AIMS TO PROVIDE HEALTHY AND NUTRITIOUS FOOD AND DRINKS CONSISTENT WITH THE DECS RIGHT BITE HEALTHY EATING GUIDE

DRINKS

JUICE

JUST JUICE FRUIT BOX 200ml	\$1.80
Orange	
Apple	
Apple-blackcurrant,	
Paradise Punch (tropical)	
HARVEY FRESH JUICE 250ml	\$2.20
Orange	
Apple	
Apple-blackcurrant	
NIPPYS JUICE 500ml (Yr7-12 only)	\$3.00
Orange	
Apple	
Apple-blackcurrant	

SLUSHIES Various flavours
\$1.00 (R-6 only) / \$1.80
(Not Available in lunch bags)



SNACKS

Red Rock Chips	\$1.50
JJs Rice Snacks	\$1.20
Grainwaves	\$1.20
Popcorn	\$1.00
Mamee Noodles	80c
Tiny teddies	80c
BBQ or Pizza Shapes	80c
Butter Menthols Sml	\$2.00/Lge \$2.50



SNACKS

DAIRY

YOGHURT	\$2.00
Strawberry, Vanilla	
BEGA STRINGERS	\$1.00

FRUIT

GOULBURN VALLEY FRUIT	
SALAD TUB	\$1.50
FRESH FRUIT SALAD Sml	\$2.50
Med	\$3.50
Lge	\$4.50
FRESH FRUIT	\$1.50
Apple, Banana, Pear, Orange, Kiwi	



FRESHLY BAKED

FINGERBUN	\$2.00
Buttered or plain	
1/2 Fingerbun	\$1.00
HOMEMADE MUFFIN	\$1.00
Mini Muffin	.50c
CHOCOLATE BISCUIT	.80c

RECESS

(can also be ordered for lunch)

BUTTERED ROLL	\$1.20
PIZZA POCKET	\$2.00
TOASTIES	\$1.50/\$2.00
PIZZA SCROLL	\$2.50
NACHOS	\$3.50
BACON & EGG MUFFIN	\$2.50
CHICKEN GRAVY ROLL	\$4.00

ICE BLOCKS & ICECREAMS Not available in lunchbags

QUELCH (R-6 only)	50c
MONY (R-6 only)	80c
FRUIT JUICE PUSH UPS	80c
OJ CUP	\$1.00
MOOSIES	\$1.20
ICY TWIST	\$1.20
MINI CALLIPO	\$1.00
PADDLE POPS	\$1.50
GOLDEN NORTH ICECREAM	\$1.50
FROZEN YOGHURT	\$2.00



Come in and help us out!
Your kids will love you for it.

FREE LUNCH and DRINK
supplied

