



Kadina Memorial School Canteen Menu

SUMMER —Term 4 2020 & Term 1 2021

Canteen Manager Vicki Hartleib Ph: 88211254 "NEW Mobile 0488222699"
 (g) gluten free (v) vegetarian (d) dairy free. Options available upon request (please specify dietary requirements on bag)



Monday	Tuesday	Wednesday	Thursday	Friday
BAKED POTATO (v) Hawaiian- Ham Pineapple Cheese OR Bolognaise- Bolognaise Sauce, Cheese OR Pizza – Bacon, Cheese, Neopolitana Sauce \$4.50 Coleslaw extra 50c Sour cream extra 50c	COLD ROLLS Chicken or Vegetarian (v)(g)(d) Rice paper rolls with Asian drizzle \$1.50 each	PIZZA - Ham & Pineapple Cheese and Bacon Supreme \$3.00 <u>MEAL DEAL</u> Pizza & Juice or Oak \$5.00 WEDGES \$3.00 Add Sweet Chilli extra 30c Add Sour Cream extra 50c	HOTDOG Tomato Sauce, BBQ, Mustard or No Sauce \$3.00 Cheese and Sauce \$3.50 <u>MEAL DEAL</u> Hotdog w Sauce \$5.00 or Cheese & Sauce \$5.50 (with Juice or Oak) Half Hotdog with sauce \$1.00	SUSHI ROLL Chicken with Cucumber & Capsicum(g) or Vegetarian with Cucumber, Carrot, and Capsicum (v)(g)(d) \$3.50 Smoked Salmon & Avocado \$4.50

SENSATIONAL SALADS

JUNIOR SALAD (v)(g)	\$3.00
Lettuce, Cucumber sticks, Carrot sticks, Celery sticks, Cheese chunks, and Cherry tomatoes.	
GARDEN SALAD (v)(g) sml \$2.50, lg \$4.00	
Lettuce, Cherry Tomato, Cucumber, Celery, Capsicum, Carrot, plus Mayo or Vinaigrette	
CHICKEN CAESAR SALAD BOX (v)(g)	\$6.50
Chicken, Egg, Parmesan Cheese, Bacon, Crou-ton, Cos Lettuce & our own Caesar Dressing	
THAI BEEF SALAD (g)	\$6.50
Marinated Beef, Capsicum, carrot, red onion, snow pea sprouts, gourmet lettuce and our own thai dressing	
GREEK SALAD (g)	\$5.50
Cucumber, Tomato, Red onion, Olives, Fetta, Lemon and Olive Oil Dressing	
Add Fresh Chicken	\$6.50

DRESSINGS AVAILABLE:

Vinaigrette.extra 30c
 Caesar, Tartare, Mayoextra 50c

SAUCES AVAILABLE:

Tomato, BBQ, American Mustard, Soy,
 Sweet Chilliextra 30c
 Sour Cream, Salsa, Cranberry.extra 50c

HOT FOOD & MEAL DEALS

FISH FILLET with coleslaw, garden salad, lemon and tartare	\$6.00
FRIED RICE (v)(g)	\$3.50
Add 2 Chicken Tenders	\$6.00
QUICHE Beetroot, Pumpkin & Spinach	\$3.00
Add Garden Salad	\$5.00
ZUCCHINI SLICE	\$4.00
Add Garden Salad	\$6.00
COCONUT CHICKEN CURRY	\$6.00
ROAST CHICKEN, WEDGES with coleslaw and garden salad	\$6.00

HOT FOOD

SNACK PIE	\$1.50
HASH BROWN (v)	\$1.00
CHIKO ROLL	\$3.00
CRUMBED FISH FILLET	\$2.80
Add lemon 50c or tartare 50c	
SAUSAGE ROLL	\$3.00
BEEF PIE	\$4.00
CHICKEN & VEG PIE	\$4.50
VEGETABLE PASTY (v)	\$4.50
HOT HAM & CHEESE ROLL	\$4.00
2min CHICKEN NOODLES (orders only)	\$2.50
PIZZA SCROLL	\$2.50

NUGGETS AND WEDGES

MEAL DEALS

CHICKEN WEDGES MEAL DEAL	\$5.50
-4 Chicken Wedges & Juice or Oak	
Extra wedges 90c ea or 4 for \$3.50	
CHICKEN NUGGETS MEAL DEAL	\$5.00
-4 Chicken Nuggets, Sauce & Juice or Oak	
-4 Nugget Dipping Pack, Bread & Sauce	\$3.50
Extra nuggets 80c ea or 4 for \$3.00	
NUGGET BEACHBOX	\$6.00
-4 nuggets, Junior Salad, FREE Quelch	

HOMEMADE PASTA

Macaroni & Cheese (Homemade) (v)	\$3.50
Spaghetti Bolognaise (Homemade)	\$4.00
Beef Lasagne (Homemade)	\$4.50
Vegetable Lasagne (Homemade) (v)	\$5.50

JUNIORS only (Rec-Yr6)

Junior Ham & Cheese Roll	\$3.00
Junior Chicken Burger w let & mayo	\$4.00
Junior Beef Burger w cheese & sauce	\$4.00
Mini Wrap w Crumbed chicken, tomato, let- tuce and mayo	\$4.00

SANDWICHES (g)

White, Multigrain (incl. 3 fillings)	\$3.50
**Add Salad—Let/Tom/Cuc/Carrot	\$4.00
Cheese or Vegemite Sandwich	\$2.50
Ham & Cheese Sandwich	\$3.00
Cheese toasted Sandwich	\$2.50

ROLLS

White or Multigrain (incl. 3 fillings)	\$4.50
**And Salad—Let/Tom/Cuc/Carrot	\$5.00

WRAPS (g) or BAGUETTES

White only (incl. 3 fillings)	\$4.50
**And Salad—Let/Tom/Cuc/Carrot	\$5.00

MEAT CHOICES: Ham, Chicken, Turkey, Tuna
 Or Roast Beef

SALAD/EXTRA CHOICES: 30c each
 Lettuce, Tomato, Cucumber, Carrot, Cheese,
 Pineapple, Gherkin, Beetroot, Onion
 Avocado or Egg add 50c

BRILLIANT BURGERS

CLM - Chicken Burger, Lettuce & Mayo	\$5.00
BLT - Chicken Burger, Bacon, Lettuce & Tomato	\$5.50
LEAN MEAN BEEF BURGER - Beef Burger, Lettuce, Tomato, Cucumber, Carrot, Cheese & Sauce	\$5.50

WILD WRAPS

CHICKEN CAESAR WRAP (v)	\$6.00
Chicken, Bacon, Parmesan Cheese, Lettuce, Caesar Dressing	
FISH WRAP	\$6.00
Fish, Lettuce, Tomato, Cucumber, Tartare	
CHICKEN TENDER WRAP	\$6.00
Chicken tenders, Lettuce, Tomato, Mayo	
YIROS WRAP	\$6.50
Lamb Yiros, Lettuce, Tomato, Cucumber, Cheese, Garlic sauce	

DRINKS

MILK DRINKS

Please note that we will be supplying long life items till further notice

OAK Box 250ml Chocolate Strawberry	\$2.00
NIPPYS ICED MILK 250ml Chocolate Strawberry Honeycomb	\$2.50
NIPPYS ICED MILK 375ml (Year 7-12 only) Chocolate Honeycomb Vanilla	\$3.20



UP & GO Banana Strawberry Chocolate Vanilla	\$2.20
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WATER

WATER 600ml	\$1.00
1.5L	\$2.50

THE CANTEEN MENU AIMS TO PROVIDE HEALTHY AND NUTRITIOUS FOOD AND DRINKS CONSISTENT WITH THE DECS RIGHT BITE HEALTHY EATING GUIDE

DRINKS

JUICE

Please note that we will be supplying long life items till further notice

NIPPYS FRUIT BOX 250ml Orange Apple Apple-blackcurrant Tropical	\$2.00
NIPPYS LONG LIFE JUICE 350ml Orange Apple Apple-blackcurrant	\$3.00



SLUSHIES Various flavours
\$1.00 (R-6 only) / \$1.80
(Not Available in lunch bags)

SNACKS

Red Rock Chips	\$1.50
JJs Rice Snacks	\$1.20
Grainwaves	\$1.20
Popcorn	60c
Mamee Noodles	80c
Tiny teddies	80c
BBQ or Pizza Shapes	80c
Butter Menthols	Sml \$2.50/Lge \$3.00



SNACKS

DAIRY

YOGHURT Fruche Vanilla only	\$2.00
BEGA STRINGERS	\$1.00

FRUIT

GOULBURN VALLEY FRUIT SALAD TUB	\$1.50
FRESH FRUIT SALAD	Sml \$2.50 Med \$3.50 Lge \$4.50
FRESH FRUIT	\$1.50
Apple, Banana, Pear, Orange, Kiwi	



FRESHLY BAKED

FINGERBUN Buttered or plain	\$2.00
1/2 Fingerbun	\$1.00
HOMEMADE MUFFIN	\$1.00
Mini Muffin	50c
CHOCOLATE BISCUIT	\$1.00

RECESS

(can also be ordered for lunch)

BUTTERED ROLL	\$1.00
PIZZA POCKET	\$2.00
TOASTIES	Bread \$1.50 Roll \$2.00
PIZZA SCROLL	\$2.50
NACHOS	\$3.50
BACON & EGG MUFFIN	\$2.50

Come in and help us out!
Your kids will love you for it.

FREE LUNCH and DRINK supplied



ICE BLOCKS & ICECREAMS

Not available in lunchbags

QUELCH (R-6 only)	50c
MONY (R-6 only)	80c
OJ CUP	\$1.00
JUICIES Tropical or Wildberry	\$1.00
MOOSIES Chocolate or Blue Moon	\$1.20
ICY TWIST	\$1.20
MINI CALLIPO	\$1.00
PADDLE POPS Chocolate or Rainbow	\$1.50
GOLDEN NORTH ICECREAM	\$1.50
FROZEN YOGHURT Strawberry or Mango	\$2.00

