



Kadina Memorial School Canteen Menu

SUMMER —Term 4 2022 & Term 1 2023

Canteen Manager Vicki Hartleib Ph: 88211254 Mobile 0488222699

(g) gluten free (v) vegetarian (d) dairy free. Options available upon request (please contact Canteen for more info)



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BAKED POTATO</u> (v) Hawaiian- Ham Pineapple Cheese</p> <p>OR</p> <p>Bolognaise- Bolognaise Sauce, Cheese</p> <p>\$6.00</p> <p>Coleslaw extra 80c Sour cream extra 80c</p>	<p><u>SUSHI ROLL</u></p> <p>Chicken with Cucumber & Capsicum(g)</p> <p>or</p> <p>Vegetarian with Cucumber, Carrot, and Celery(v)(g)(d)</p> <p>\$3.50</p> <p>Smoked Salmon & Avocado \$4.50</p>	<p><u>PIZZA</u> - Ham & Pineapple, Cheese and Bacon, Supreme</p> <p>\$4.00</p> <p><u>MEAL DEAL</u></p> <p>Pizza & BOX drink \$6.00</p>	<p><u>HOT DOG</u></p> <p>Tomato Sauce, BBQ, Mustard or No Sauce \$4.00</p> <p>Cheese and Sauce \$4.50</p> <p><u>MEAL DEAL</u></p> <p>Hot dog w Sauce \$6.00 or Cheese & Sauce \$6.50 (with BOX drink)</p> <p>Half hotdog with sauce \$2</p>	<p><u>BURGER & DRINK DEAL</u></p> <p>Chicken, lettuce, mayo Or Beef, Cheese & Sauce With BOX Drink</p> <p>\$7.50</p>

SENSATIONAL SALADS

- JUNIOR SALAD (v)(g) \$4.50
Lettuce, Cucumber sticks, carrot sticks, celery sticks, cheese chunks, and cherry tomatoes.
- GARDEN SALAD (v)(g) \$4.50
Lettuce, Cherry Tomato, Cucumber, Celery, Capsicum, Carrot, & Vinaigrette
- GARLIC LEMON LAMB salad with Fetta, & Tzatziki \$7.50
- THAI BEEF with red cabbage, tomato, cucumber, Crispy noodles & Sesame Dressing \$7.50
- CAESAR BOWL with Chicken, Egg, Parmesan, Bacon, Cos Lettuce, Caesar Dressing \$7.50

DRESSINGS AVAILABLE:

- Vinaigrette, Mayo.extra 50c
Caesar, Tartare extra 80c

SAUCES AVAILABLE:

- Tomato, BBQ, American Mustard, Soy,
Sweet Chilliextra 50c
Sour Cream, Salsa.extra 80c

HOT MEALS

- FRIED RICE (v)(g) \$4.00
Add 2 Chicken Tenders \$7.00
- QUICHE Ham, Cheese, Tomato \$3.50
Add Garden Salad \$7.00
- COCONUT CHICKEN CURRY (g)(d)
with rice \$6.50
- PUMPKIN & CHICKPEA SATAY (g)(d)(v)
with rice \$6.50

ORDER ONLINE TODAY



HOT FOOD

- SNACK PIE \$1.50
HASH BROWN (v) \$1.50
CRUMBED FISH FILLET \$3.00
Add lemon 50c or tartare 50c
- SAUSAGE ROLL \$3.50
BEEF PIE \$5.00
VEGETABLE PASTY (v) \$5.00
HOT HAM & CHEESE ROLL \$5.00
2min CHICKEN NOODLES (orders only) \$3.00
PIZZA SCROLL \$3.00

NUGGETS AND WEDGES

MEAL DEALS

- CHICKEN WEDGES MEAL DEAL
-4 Chicken Wedges & Juice or Oak \$6.50
- CHICKEN NUGGETS MEAL DEAL
-4 Chicken Nuggets, Sauce & Box drink \$6.00
-4 Nugget Dipping Pack, Bread & Sauce \$4.00

HOMEMADE PASTA

- Macaroni & Cheese (v) \$3.50
Spaghetti Bolognaise \$5.00
Beef Lasagne \$5.00
Vegetable Lasagne (v) \$6.00

JUNIORS only (Rec-Yr6)

- Junior Ham & Cheese Roll \$4.00
Junior Chicken Burger w lettuce & mayo \$5.00
Junior Beef Burger w cheese & sauce \$5.00
Wrap w Crumbed chicken, tomato,
lettuce, and Mayo Mini \$5.00
Large \$6.50
- Junior Beachbox
-4 nuggets, junior salad and FREE quelch ice-
block \$7.00

SANDWICHES (g)

- White, Multigrain (incl. 3 fillings) \$4.50
**Add Salad—Let/Tom/Cuc/Carrot \$5.00
- Cheese or Vegemite Sandwich \$3.00
Ham & Cheese Sandwich \$4.00
Cheese toasted Sandwich \$2.50

ROLLS

- White or Multigrain (incl. 3 fillings) \$5.00
**And Salad—Let/Tom/Cuc/Carrot \$5.50

WRAPS (g) or BAGUETTES

- White only (incl. 3 fillings) \$5.00
**And Salad—Let/Tom/Cuc/Carrot \$5.50

MEAT CHOICES: Ham, Chicken, Turkey, Tuna
Or Roast Beef

SALAD/EXTRA CHOICES: 50c each
Lettuce, Tomato, Cucumber, Carrot, Cheese,
Pineapple, Gherkin, Beetroot, Onion
Avocado or Egg add 80c

BRILLIANT BURGERS

- Chicken Burger with lettuce/mayo \$5.50
Or Bacon, Lettuce & Tomato \$6.00
Or Cheese & Sauce \$5.50
Beef Burger with lettuce/tomato/cheese/
sauce \$6.00
Or Cheese & Sauce \$5.50

WILD WRAPS

- CHICKEN CAESAR WRAP (v) \$7.00
Chicken, Bacon, Parmesan Cheese, Lettuce,
Caesar Dressing
- FISH WRAP \$7.00
Fish, Lettuce, Tomato, Cucumber, Tartare
- CHICKEN TENDER WRAP \$7.00
Sweet chilli tenders, Lettuce, Tomato, Mayo
- YIROS WRAP \$7.50
Lamb Yiros, Lettuce, Tomato, Cucumber,
Cheese, Garlic sauce

DRINKS

MILK DRINKS

OAK BOX 250ml Chocolate Strawberry	\$2.50
NIPPYS ICED MILK 250ml Chocolate Strawb Honeycomb	\$2.50
NIPPYS ICED MILK 375ml (Year 7-12 only) Chocolate Honeycomb	\$3.50



UP & GO Banana Strawberry Chocolate Vanilla	\$2.80
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WATER

WATER 600ml	\$1.50
1.5L	\$3.00

THE CANTEEN MENU AIMS TO
PROVIDE HEALTHY AND
NUTRITIOUS FOOD AND DRINKS
CONSISTENT WITH THE DECS
RIGHT BITE HEALTHY
EATING GUIDE

DRINKS

JUICE

NIPPYS FRUIT BOX 250ml Orange Apple Apple-blackcurrant	\$2.50
NIPPYS LONG LIFE JUICE 350ml Orange Apple Apple-blackcurrant	\$3.50



SLUSHIES Various flavours
\$1.00 (R-6 only) / \$2.00
(Not Available in lunch bags)

SNACKS

Red Rock Chips	\$1.50
JJs Rice Snacks	\$1.50
Grainwaves	\$1.50
Popcorn	\$1.00
Mamee Noodles	\$1.00
Tiny teddies	\$1.00
BBQ or Pizza Shapes	\$1.00
Butter Menthols Sml	\$2.50/Lge \$3.00



SNACKS

DAIRY

YOGHURT Strawberry, Vanilla	\$2.50
BEGA STRINGERS	\$1.50

FRUIT

GOULBURN VALLEY FRUIT SALAD TUB	\$1.50
FRESH FRUIT SALAD	\$3.50
FRESH FRUIT Apple, Banana, Pear, Orange, Kiwi	\$1.50



FRESHLY BAKED

FINGERBUN Buttered or plain	\$2.00
1/2 Fingerbun	\$1.00
HOMEMADE MUFFIN	\$1.50
Mini Muffin	.80c
CHOCOLATE BISCUIT	\$1.50

RECESS

(can also be ordered for lunch)

PIZZA POCKET	\$3.00
TOASTIES Bread Roll	\$2.00 \$2.50
PIZZA SCROLL	\$3.00
NACHOS	\$4.00
BACON & EGG MUFFIN	\$3.00
BUTTERED ROLL	\$1.00

Come in and help us out!
Your kids will love you for
it.

FREE LUNCH and DRINK
supplied



ICE BLOCKS & ICECREAMS

Not available in lunchbags

QUELCH (R-6 only)	80c
OJ CUP	\$1.00
JUICIES Varied	\$1.00
MOOSIES Chocolate or Blue Moon	\$1.50
ICY TWIST	\$1.50
MINI CALLIPO	\$1.50
GOLDEN NORTH ICECREAM	\$2.00
FROZEN YOGHURT Varied	\$2.50

