



# Kadina Memorial School Canteen Menu

## WINTER —Term 2 & 3 2022

Canteen Manager Jeanette Waters Ph: 88211254 Mobile 0488222699

(g) gluten free (v) vegetarian (d) dairy free. Options available upon request (please specify dietary requirements on bag)



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BAKED POTATO (v)</b> Hawaiian- Ham Pineapple Cheese OR Bolognaise- Bolognaise Sauce, Cheese OR Pizza</p> <p>\$6.00</p> <p>Coleslaw extra 80c Sour cream extra 80c</p>	<p><b>MEATBALL SUB</b> with homemade tomato sauce and cheese</p> <p>Mini Meatball sub \$3.50</p> <p>Large Meatball Sub \$7.00</p>	<p><b>PIZZA</b> - Ham &amp; Pineapple, Cheese and Bacon, Supreme</p> <p>\$4.00</p> <p><b>MEAL DEAL</b></p> <p>Pizza &amp; Juice or Oak \$6.00</p>	<p><b>HOT DOG</b> Tomato Sauce, BBQ, Mustard or No Sauce \$4.00 Cheese and Sauce \$4.50</p> <p><b>MEAL DEAL</b> Hot dog w Sauce \$6.00 or Cheese &amp; Sauce \$6.50 (with Juice or Oak) Half hotdog with sauce \$2.00</p>	<p><b>Butter Chicken</b> <u>With Rice</u></p> <p>\$6.50</p>

### SENSATIONAL SALADS

JUNIOR SALAD (v)(g) Lettuce, Cucumber sticks, carrot sticks, celery sticks, cheese chunks, and cherry tomatoes.	\$4.50
GARDEN SALAD (v)(g) Lettuce, Cherry Tomato, Cucumber, Capsicum, Carrot, plus Mayo or Vinaigrette	\$4.50
CHICKEN CAESAR SALAD BOX (v)(g) Chicken, Egg, Parmesan Cheese, Bacon, Crou-ton, Cos Lettuce & our own Caesar Dressing	\$7.50

### DRESSINGS AVAILABLE:

Vinaigrette,, Mayo .....extra 50c  
Caesar, Tartare, ..... extra 80c

### SAUCES AVAILABLE:

Tomato, BBQ, American Mustard, Soy,  
Sweet Chilli .....extra 50c  
Sour Cream, Salsa,, ..... extra 80c

### WINTER WARMERS & MEAL DEALS

FISH FILLET with coleslaw, garden salad, lemon and tartare	\$7.50
FRIED RICE (v)(g) Add 2 Chicken Tenders	\$4.00 \$7.50
QUICHE Ham, Tomato and Cheese Add Garden Salad	\$3.50 \$7.50
COCONUT CHICKEN CURRY (g)(d) with rice	\$6.50
CHICKPEA AND PUMPKIN SATAY	\$6.50
BEEF HOTPOT WITH GNOCCHI	\$6.50

### HOT FOOD

SNACK PIE	\$1.50
HASH BROWN (v)	\$1.50
CRUMBED FISH FILLET Add lemon 50c or tartare 80c	\$3.00
SAUSAGE ROLL	\$3.50
BEEF PIE	\$5.00
VEGETABLE PASTY (v)	\$5.00
HOT HAM & CHEESE ROLL	\$5.00
2min CHICKEN NOODLES (orders only)	\$3.00
PIZZA SCROLL	\$3.00
HOT HAM & CHEESE CROISSANT	\$4.00

### NUGGETS AND WEDGES

#### MEAL DEALS

CHICKEN WEDGES MEAL DEAL -4 Chicken Wedges & Juice or Oak	\$6.50
CHICKEN NUGGETS MEAL DEAL -4 Chicken Nuggets, Sauce & Box drink	\$6.00
-6 Chicken Nuggets, Sauce & Box drink	\$8.00
-8 Chicken Nuggets, 2 sauce & drink	\$10.00
-4 Nugget Dipping Pack, Bread & Sauce	\$4.00

Junior Beachbox - 4 chicken nuggets, junior salad, free quelch iceblock \$7.00

### HOMEMADE PASTA

Macaroni & Cheese (v)	\$3.50
Spaghetti Bolognaise	\$5.00
Beef Lasagne	\$5.00
Vegetable Lasagne (v)	\$6.00

### JUNIORS only (Rec-Yr6)

Junior Ham & Cheese Roll	\$4.00
Junior Chicken Burger w lettuce & mayo	\$5.00
Junior Beef Burger w cheese & sauce	\$5.00
Wrap w Crumbed chicken, tomato, lettuce, and Mayo	Mini \$5.00 Large \$7.00

### SANDWICHES (g)

White, Multigrain (incl. 3 fillings)	\$4.50
Cheese or Vegemite Sandwich	\$3.00
Ham & Cheese Sandwich	\$3.50
See below for costs of extra fillings	

### ROLLS

White or Multigrain (incl. 3 fillings)	\$5.00
Turkish Bread (incl. 3 fillings)	\$6.00
See below for cost of extra fillings	

### WRAPS (g) or BAGUETTES

White only (incl. 3 fillings)	\$5.00
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MEAT CHOICES: Ham, Chicken, Turkey, Tuna  
Or Corned Beef

SALAD/EXTRA CHOICES: 50c each  
Lettuce, Tomato, Cucumber, Carrot, Cheese,  
Pineapple, Gherkin, Beetroot, Onion  
\*\*Avocado or Egg add 80c\*\*

### BRILLIANT BURGERS

CLM - Chicken Burger, Lettuce & Mayo	\$5.50
BLT - Chicken Burger, Bacon, Lettuce & Tomato	\$6.00
BEEF BURGER - Beef Burger, Lettuce,, tomato, Cucumber, Carrot, Cheese & Sauce	\$6.00
BEEF BURGER—Beef burger, Cheese and Sauce	\$5.50

### WILD WRAPS

CHICKEN CAESAR WRAP (v) Chicken, Bacon, Parmesan Cheese, Lettuce, Caesar Dressing	\$7.00
FISH WRAP Fish, Lettuce, Tomato, Cucumber, Tartare	\$7.00
CHICKEN TENDER WRAP Chicken tenders, Lettuce, Tomato, Mayo	\$7.00
YIROS WRAP Lamb Yiros, Lettuce, Tomato, Cucumber, Cheese, Garlic sauce	\$7.50



## DRINKS

### MILK DRINKS

OAK BOX 250ml Chocolate Strawberry	\$2.50
NIPPYS ICED MILK 250ml Chocolate	\$2.50
NIPPYS ICED MILK 375ml (Year 7-12 only) Chocolate Honeycomb Vanilla	\$3.50



UP & GO Banana Strawberry Chocolate Vanilla	\$2.80
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### WATER

WATER 600ml	\$1.50
1.5L	\$3.00

THE CANTEEN MENU AIMS TO  
PROVIDE HEALTHY AND  
NUTRITIOUS FOOD AND DRINKS  
CONSISTENT WITH THE DECS  
RIGHT BITE HEALTHY  
EATING GUIDE

## DRINKS

### JUICE

NIPPYS FRUIT BOX 250ml Orange Apple Apple-blackcurrant Tropical	\$2.50
NIPPYS LONG LIFE JUICE 350ml Orange Apple Apple-blackcurrant	\$3.50



**SLUSHIES Various flavours**  
**\$1.00 (R-6 only) / \$2.00**  
**(Not Available in lunch bags )**

### SNACKS

Red Rock Chips	\$1.50
JJs Rice Snacks	\$1.50
Grainwaves	\$1.50
Popcorn	\$1.00
Mamee Noodles	\$1.00
Tiny teddies	\$1.00
BBQ or Pizza Shapes	\$1.00
Butter Menthols	\$2.80



## SNACKS

### DAIRY

YOGHURT Tropical, Vanilla	\$2.50
BEGA STRINGERS	\$1.50

### FRUIT

GOULBURN VALLEY FRUIT SALAD TUB	\$1.50
FRESH FRUIT SALAD	\$3.50
FRESH FRUIT Apple, Banana, Pear, Orange, Kiwi	\$1.50



### FRESHLY BAKED

FINGERBUN Buttered or plain 1/2 Fingerbun	\$2.00 \$1.00
HOMEMADE MUFFIN Mini Muffin	\$1.50 .80c
CHOCOLATE BISCUIT	\$1.50

### RECESS

(can also be ordered for lunch)

PIZZA POCKET	\$3.00
TOASTIES Bread Roll	\$2.00 \$2.50
PIZZA SCROLL	\$3.00
NACHOS	\$4.00
BACON & EGG MUFFIN	\$3.00
BUTTERED ROLL	\$1.00
SOUP of the day	\$2.50

Come in and help us out!  
Your kids will love you for  
it.

FREE LUNCH and DRINK  
supplied



### ICE BLOCKS & ICECREAMS

**Not available in lunchbags**

QUELCH (R-6 only)	80c
OJ CUP	\$1.00
JUICIES Varied	\$1.00
MOOSIES Chocolate or Blue Moon	\$1.50
ICY TWIST	\$1.50
MINI CALLIPO	\$1.50
GOLDEN NORTH ICECREAM	\$2.00
FROZEN YOGHURT Raspberry	\$2.50

