



Kadina Memorial School Canteen Menu

WINTER —Term 2 & 3 2023

Canteen Manager Jeanette Waters Ph: 88211254 Mobile 0488222699

(g) gluten free (v) vegetarian (d) dairy free. Options available upon request (please specify dietary requirements on bag)



Monday	Tuesday	Wednesday	Thursday	Friday
BAKED POTATO (v) Hawaiian- Ham Pineapple Cheese OR Bolognaise- Bolognaise Sauce, Cheese OR Pizza \$6.50 Coleslaw extra 80c Sour cream extra 80c	MEATBALL SUB with homemade tomato sauce and cheese Mini Meatball sub \$3.50 Large Meatball Sub \$7.00	PIZZA - Ham & Pineapple, Cheese and Bacon, Supreme \$4.00 MEAL DEAL Pizza & Juice or Oak \$6.00	HOT DOG Tomato Sauce, BBQ, Mustard or No Sauce \$4.00 Cheese and Sauce \$4.50 MEAL DEAL Hot dog w Sauce \$6.00 or Cheese & Sauce \$6.50 (with Juice or Oak) Half hotdog with sauce \$2.00	Butter Chicken With Rice \$7.50

SENSATIONAL SALADS

- JUNIOR SALAD (v)(g) \$4.50
Lettuce, Cucumber sticks, carrot sticks, celery sticks, cheese chunks, and cherry tomatoes.
- GARDEN SALAD (v)(g) \$4.50
Lettuce, Cherry Tomato, Cucumber, Capsicum, Carrot, plus Mayo or Vinaigrette
- CHICKEN CAESAR SALAD BOX (v)(g) \$7.50
Chicken, Egg, Parmesan Cheese, Bacon, Crou-ton, Cos Lettuce & our own Caesar Dressing

DRESSINGS AVAILABLE:

- Vinaigrette,, Mayoextra 50c
- Caesar, Tartare, extra 80c

SAUCES AVAILABLE:

- Tomato, BBQ, American Mustard, Soy, Sweet Chilliextra 50c
- Sour Cream, Salsa,, extra 80c

WINTER WARMERS & MEAL DEALS

- FISH FILLET with coleslaw, garden salad, lemon and tartare \$9.00
- FRIED RICE (v)(g) \$4.00
Add 2 Chicken Tenders \$7.50
- QUICHE Ham, Tomato and Cheese \$3.50
Add Garden Salad \$8.00
- COCONUT CHICKEN CURRY (g)(d) with rice \$7.50
- CHICKPEA AND PUMPKIN SATAY \$7.50
- BEEF HOTPOT WITH GNOCCHI \$7.50

HOT FOOD

- SNACK PIE \$2.00
- HASH BROWN (v) \$1.50
- CRUMBED FISH FILLET \$3.00
Add lemon 50c or tartare 80c
- SAUSAGE ROLL \$3.50
- BEEF PIE \$5.50
- VEGETABLE PASTY (v) \$5.50
- HOT HAM & CHEESE ROLL \$5.50
- 2min CHICKEN NOODLES (orders only) \$3.50
- PIZZA SCROLL \$3.00
- HOT HAM & CHEESE CROISSANT \$4.00

NUGGETS AND WEDGES

MEAL DEALS

- CHICKEN WEDGES MEAL DEAL
-4 Chicken Wedges & Juice or Oak \$6.50
- CHICKEN NUGGETS MEAL DEAL
-4 Chicken Nuggets, Sauce & Box drink \$6.00
-6 Chicken Nuggets, Sauce & Box drink \$8.00
-8 Chicken Nuggets, 2 sauce & drink \$10.00
-4 Nugget Dipping Pack, Bread & Sauce \$4.00

Junior Beachbox - 4 chicken nuggets, junior salad, free quelch iceblock \$7.00

HOMEMADE PASTA

- Macaroni & Cheese (v) \$3.50
- Spaghetti Bolognaise \$5.50
- Beef Lasagne \$5.50
- Vegetable Lasagne (v) \$6.50

JUNIORS only (Rec-Yr6)

- Junior Ham & Cheese Roll \$4.00
- Junior Chicken Burger w lettuce & mayo \$5.00
- Junior Beef Burger w cheese & sauce \$5.00
- Wrap w Crumbed chicken, tomato, lettuce, and Mayo
Mini \$5.00
Large \$7.00

SANDWICHES (g)

- White, Multigrain (incl. 3 fillings) \$4.50
- Cheese or Vegemite Sandwich \$3.00
- Ham & Cheese Sandwich \$3.50
- See below for costs of extra fillings

ROLLS

- White or Multigrain (incl. 3 fillings) \$5.00
- Turkish Bread (incl. 3 fillings) \$6.00
- See below for cost of extra fillings

WRAPS (g) or BAGUETTES

- White only (incl. 3 fillings) \$6.00

MEAT CHOICES: Ham, Chicken, Turkey, Tuna Or Corned Beef

SALAD/EXTRA CHOICES: 50c each
Lettuce, Tomato, Cucumber, Carrot, Cheese, Pineapple, Gherkin, Beetroot, Onion
Avocado or Egg add 80c

BRILLIANT BURGERS

- CLM - Chicken Burger, Lettuce & Mayo \$6.00
- BLT - Chicken Burger, Bacon, Lettuce & Tomato \$6.50
- BEEF BURGER - Beef Burger, Lettuce,, tomato, Cheese & Sauce \$6.50
- BEEF BURGER—Beef burger, Cheese and Sauce \$6.00

WILD WRAPS

- CHICKEN CAESAR WRAP (v) \$7.50
Chicken, Bacon, Parmesan Cheese, Lettuce, Caesar Dressing
- FISH WRAP \$7.50
Fish, Lettuce, Tomato, Cucumber, Tartare
- CHICKEN TENDER WRAP \$7.50
Chicken tenders, Lettuce, Tomato, Mayo
- YIROS WRAP \$8.50
Lamb Yiros, Lettuce, Tomato, Cucumber, Cheese, Garlic sauce



DRINKS

MILK DRINKS

OAK BOX 250ml Chocolate Strawberry	\$2.50
NIPPYS ICED MILK 250ml Chocolate	\$2.50
NIPPYS ICED MILK 375ml (Year 7-12 only) Chocolate Honeycomb Vanilla	\$3.50



UP & GO Banana Strawberry Chocolate Vanilla	\$2.80
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WATER

WATER 600ml	\$1.50
1.5L	\$3.00

THE CANTEEN MENU AIMS TO PROVIDE HEALTHY AND NUTRITIOUS FOOD AND DRINKS CONSISTENT WITH THE DECS RIGHT BITE HEALTHY EATING GUIDE

DRINKS

JUICE

NIPPYS FRUIT BOX 250ml Orange Apple Apple-blackcurrant Tropical	\$2.50
NIPPYS LONG LIFE JUICE 350ml Orange Apple Apple-blackcurrant	\$3.50



SLUSHIES Various flavours
\$1.00 (R-6 only) / \$2.00
(Not Available in lunch bags)

SNACKS

Red Rock Chips	\$1.50
JJs Rice Snacks	\$1.50
Grainwaves	\$1.50
Popcorn	\$1.00
Mamee Noodles	\$1.00
Tiny teddies	\$1.00
BBQ or Pizza Shapes	\$1.00
Butter Menthols	\$2.80



SNACKS

DAIRY

YOGHURT Tropical, Vanilla	\$2.50
BEGA STRINGERS	\$1.50

FRUIT

GOULBURN VALLEY FRUIT SALAD TUB	\$1.50
FRESH FRUIT SALAD	\$3.50
FRESH FRUIT Apple, Banana, Pear, Orange, Kiwi	\$1.50



FRESHLY BAKED

FINGERBUN Buttered or plain 1/2 Fingerbun	\$2.00 \$1.00
HOMEMADE MUFFIN Mini Muffin	\$1.50 .80c
CHOCOLATE BISCUIT	\$1.50

RECESS

(can also be ordered for lunch)

PIZZA POCKET	\$3.00
TOASTIES Bread Roll	\$2.00 \$2.50
PIZZA SCROLL	\$3.00
NACHOS	\$4.50
BACON & EGG MUFFIN	\$3.00
BUTTERED ROLL	\$1.00
SOUP of the day	\$3.00

Come in and help us out!
Your kids will love you for it.

FREE LUNCH and DRINK supplied



ICE BLOCKS & ICECREAMS

Not available in lunchbags

QUELCH (R-6 only)	80c
OJ CUP	\$1.00
JUICIES Varied	\$1.00
MOOSIES Chocolate or Blue Moon	\$1.50
ICY TWIST	\$1.50
MINI CALLIPO	\$1.50
GOLDEN NORTH ICECREAM	\$2.00
FROZEN YOGHURT Raspberry	\$2.50

